

財團法人國家衛生研究院 函

地址：350401 苗栗縣竹南鎮科研路35號
聯絡人：葉信伶
電話：(05)6204000 分機：51110
電子信箱：hsinlingyeh@nhri.edu.tw

受文者：社團法人中華民國牙醫師公會全國聯合會

發文日期：中華民國115年8月25日

發文字號：衛研高字第1150007973號

速別：普通件

密等及解密條件或保密期限：

附件：活動議程及徵稿注意事項各1份 (XC92019239_1150007973_doc1_1_Attach1.pdf、XC92019239_1150007973_doc1_1_Attach2.pdf)

主旨：本院國家高齡醫學暨健康福祉研究中心於115年10月16至

17日辦理2026 健康老化與社區韌性國際研討會

(International Conference for Healthy Ageing and

Community Resilience)，並徵求口頭/海報型式之論文發

表，敬請踴躍報名參加，詳如說明段，請查照。

說明：

一、2026 健康老化與社區韌性國際研討會 (International Conference for Healthy Ageing and Community Resilience)，活動資訊如下：

(一)活動時間：115年10月16至17日(星期五、六)。

(二)活動地點：本院國家高齡醫學暨健康福祉研究中心國際會議廳(雲林縣虎尾鎮學府路95號之1，B棟1樓)

(三)報名人數：250名。

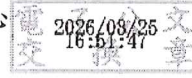
(四)報名期間：即日起至額滿為止。

二、口頭/海報型式之論文發表敬請參考附件資料說明，亦可詳研討會網站(<https://ageing.nhri.edu.tw/2026icha>)，敬

請有興趣之產官學界、一般民眾踴躍報名參加。

正本：衛生福利部及縣市相關單位、全國大專院校及相關學協會

副本：本院國家高齡醫學暨健康福祉研究中心



院長 司徒惠康

裝

訂

線



2026 International Conference for Healthy Ageing and Community Resilience



October 16 - 17, 2026



International Conference Hall, National Center for Geriatrics and Welfare Research
(Yunlin, Taiwan)

*This year's conference highlights the theme of **Healthy Ageing and Community Resilience**, with a particular focus on the integration of clinical care, long-term care, community-based services, and social support systems.*

Key themes include:

- ★ *Bridging Hospital and Long-Term Care*
- ★ *Supporting Caregivers and Community Wellbeing*
- ★ *From Risk Prevention to Resilience*
- ★ *Intrinsic Capacity, ICOPE, and Ageing in Place*
- ★ *Social Innovation and Social Prescribing*
- ★ *Wellbeing, JOY, Meaning, and Micro-Happiness in Later Life*

Day 1 Agenda Outline

Friday, Oct 16th, 2026

9:00 - 09:50

Reception

Registration & Opening Reception

09:50 - 10:10

Ceremony

Welcoming Remarks & Official Group Photo

10:10 - 11:00

Keynote Session 1

Bridging Hospital and Long-Term Care: Japan's Experience in Integrated Care for Advancing Community Resilience in Super-Aged Societies

Hidenori Arai, M.D. Ph.D. / 荒井秀典

President, National Center for Geriatrics and Gerontology

MODERATOR

♦ **Hsi-Wen Wu, PhD / 吳希文**

Deputy Director-General, Department of Long-Term Care, MOHW

♦ **Cheng-Chieh Lin, M.D., MS, PhD / 林正介**

Distinguished Professor & Vice-president, China Medical University, Taiwan

Chairman of Research Ethics Committee, China Medical University & Hospital

Attending physician, China Medical University Hospital

11:00 - 11:50

Keynote Session 2

Supporting those who care: Community rehabilitation and well-being of older carers in ageing societies.

Keith Hill (Professor), PhD

Senior Researcher, Monash University, Australia

Rehabilitation Ageing and Independent Living (RAIL) Research Centre

MODERATOR

♦ **Matthew Huei-Ming Ma, M.D., Ph.D., MBA / 馬惠明**

Superintendent, National Taiwan University Hospital Yunlin Branch

Associate Director, National Center for Geriatrics and Welfare Research, National Health Research Institutes

Professor, Institute of Epidemiology and Preventive Medicine College of Public Health, National Taiwan University

♦ **Peishan Yang, Ph.D. / 楊培珊**

Chair, NTU, Research Ethics Office for Social and Behavioral Sciences

Professor, NTU, Department of Social Work

11:50 - 12:00

Activity

Center Tour

12:00 - 13:00**Lunch****Lunch & Exhibition (Cultural Performance & Micro-Exhibition)****13:00 - 13:50****Keynote Session 3****Evidenced-based deprescribing of CNS-active medications and fall prevention frameworks****Shelly Gray, PharmD, MS**

Professor (with tenure), University of Washington, Department of Pharmacy
Endowed Director, Plain Center for Aging, University of Washington School of Pharmacy

MODERATOR

- ♦ **Li-Jiuan (Rita) Shen, Ph.D. / 沈麗娟**
Secretary General, National Taiwan University
Professor, School of Pharmacy, National Taiwan University
- ♦ **Chiung-Tong Chen, Ph.D. / 陳炯東**
Professor and Dean, College of Pharmacy, China Medical University

13:50 - 14:40**Keynote Session 4****Frailty, Resilience, and Healthy Ageing in the community: Rethinking Care for Older Adults****Kenneth Rockwood**

Professor, Dalhousie University, Canada

MODERATOR

- ♦ **Masahiro Akishita, MD, PhD / 秋下 雅弘**
CEO, Tokyo Metropolitan Institute for Geriatrics and Gerontology
Professor Emeritus, The University of Tokyo
- ♦ **Chih-Cheng Hsu / 許志成**
Executive Director, National Center for Geriatrics and Welfare Research, NHRI, Taiwan

14:40 - 15:10**Coffee break****Coffee Break & Networking (Community Performance)**

15:10 – 17:40
Track A: Expert Panel A:
Seamless + co-living eco-system
SECTION MODERATORS

- ♦ **Paulo, Chih-Hsing Wu, / 吳至行**
Professor, Institute of Gerontology, National Cheng Kung University
Visiting Staff, Department of Family Medicine, National Cheng Kung
- ♦ **Ding-Cheng Chan, MD. PhD, FACP / 詹鼎正**
Superintendent, National Taiwan University Hospital Bei-Hu Branch
Clinical Professor, Department of Internal Medicine, College of Medicine, National Taiwan University

Track B: Parallel Competition
Oral Presentation Competition

Academic competition for emerging researchers, clinicians, and doctoral candidates showcasing breakthroughs in geriatric medicine, rehabilitation strategies, and community resilience metrics. Presenters compete for Academic Awards evaluated by international juries.

15:10 - 15:35
Speaker 1
Implementing Proactive Total Care in Indigenous Communities

Ying-Wei Wang / 王英偉
Consultant, Hualien Tzu Chi Hospital,
Buddhist Tzu Chi Medical Foundation
Professor, Tzu Chi University

15:35 - 16:00
Speaker 2
Sustaining Intrinsic Capacity Across Settings: Research Insights and ICOPE Implementation from Hospital to Community

Yu-Tai Lo, M.D., MSc, Ph.D / 羅玉岱
Clinical Assistant Professor, School of Medicine, College of Medicine, National Cheng Kung University
Attending Physician, Department of Geriatrics and Gerontology, National Cheng Kung University Hospital

16:00 - 16:25
Speaker 3
Social Prescribing: A Person-Centered Care Model that Connects the Healthcare System to the Community

Kheng Hock Lee / 李庆福

Deputy CEO (Academic Medicine and Partnerships), SingHealth Community Hospitals
Associate Professor of Family Medicine, DukeNUS Medical School
Senior Consultant, Singapore General Hospital

16:25 - 16:50**Speaker 4**

Advancing Healthy Longevity and Ageing in Place Through a Holistic Integrated Community-Based Trial

Chen-Yu Wang/王貞予

Associate Investigator, National Center for Geriatrics and Welfare Research, National Health Research Institutes, Taiwan

16:50 - 17:15**Speaker 5**

National Strategies for Smart mutual-supporting Co-living Communities

Hung-Yi Chiou/邱弘毅

Distinguished Investigator and Director, Institute of Population Health Sciences, NHRI

17:15 - 17:40**Plenary Q&A Session****18:00 - 20:00****Welcome Dinner & Gala Performance**

Oct 17 (Sat)

Saturday, Oct 17th, 2026

09:00 - 09:40

Reception

Registration & Opening Reception**09:40 - 10:30**

Keynote Session 5

Joyspan: A Short Guide to Enjoying Your Long Life**Kerry Burnight, PhD**

Distinguished Professor, University of Chicago
CEO, The Gerontologist, Inc

MODERATOR

- ♦ **Wei J. Chen / 陳為堅**
Vice President, National Health Research Institutes, Taiwan
- ♦ **Wee Shiong Lim, M.D., MHPE. / 林伟雄**
Director, Institute of Geriatrics and Active Aging, Tan Tock Seng Hospital, Singapore

10:30 - 11:20

Keynote Session 6

Social Innovation for Healthy Ageing**Katsunori Kondo, M.D., Ph.D. / 近藤克則**

Professor, Center for Preventive Medical Sciences, Chiba University
Director Research Department, Institute for Health Economics and Policy

MODERATOR

- ♦ **Meng-Chih Lee, MD, PhD, MPH / 李孟智**
顧問醫師, 衛生福利部臺中醫院
- ♦ **Ching-Ju Chiu, Ph.D / 邱靜如**
Professor & Chair, Institute of Gerontology, National Cheng Kung University

11:20 - 13:00

Lunch

Lunch & Exhibition (Cultural Performance & Micro-Exhibition)

13:00 - 13:50**Keynote Session 7****Social Prescribing, Healthy Ageing and Community Resilience in North America****Kate Mulligan, PhD**

Associate Professor, University of Toronto

Scientific Director, Canadian Institute for Social Prescribing

***MODERATOR**♦ **Amy Huey-Ling SHEE / 施慧玲**Professor, Department of Law, National Chung Cheng University
Executive Director, Office of University Social Responsibility (USR) and
Associate Vice President for Student Affairs, National Chung Cheng University♦ **Shuh-Jen Sheu, R.N., M.S.N., Ph.D. / 許樹珍**Professor, Institute of Community Health Care, College of Nursing, National
Yang Ming Chiao Tung University**13:50 - 14:40****Keynote Session 8****Translational geroscience and real-world implementation of the WHO ICOPE program at IHU HealthAge****Philippe de Souto Barreto (Barreti), PhD**

Professor, IHU HealthAge / University of Toulouse

Scientific Director Institute on Aging, IHU HealthAge / University of Toulouse
/ Toulouse University Hospital**MODERATOR**♦ **Koichi Kozaki, M.D. / 神崎恒一**

President, Tokyo Metropolitan Institute for Geriatrics & Gerontology (TMIG)

♦ **Jaw-Shiun Tsai, M.D., Ph.D. / 蔡兆勳**President, Taiwan Association of Gerontology and Geriatrics
Superintendent, National Taiwan University Hospital, Jin-Shan Branch
Professor, Department of Family Medicine, College of Medicine and Hospital,
National Taiwan University
Vice President, Taiwan Association of Family Medicine**14:40 - 15:10****Coffee break****Coffee Break & Networking (Community Performance & Guided Tour)**

15:10 – 17:10**Expert Panel B****Practices of Resilience-Person-Centered Care and Well-being****SECTION MODERATOR**

♦ **Ping-Jen Chen, M.D., Ph.D. / 陳炳仁**

Consultant Geriatrician / Palliative Medicine Specialist, Department of Family Medicine and Division of Geriatrics and Gerontology, Kaohsiung Medical University Hospital

Associate Professor in Geriatrics, School of Medicine, Kaohsiung Medical University

♦ **Ai-Tzu Li, Ph.D. / 李蕙慈**

Secretary General, National Chung Cheng University

Professor, National Chung Cheng University

15:10 - 15:30**Speaker 1****Beyond Healthcare to Health: Scaling Community Resilience from 'By Design' Blue Zone 2.0 to 'By Default' Blue Zone 3.0****Wee Shiong Lim, M.D., MHPE. / 林伟雄**

Director, Institute of Geriatrics and Active Aging, Tan Tock Seng Hospital, Singapore

Senior Consultant, Department of Geriatric Medicine, Tan Tock Seng Hospital, Singapore

Lead Scientist, Geriatric Education and Research Institute, Singapore

15:30 - 15:50**Speaker 2****Precision Functional Training for Sustainable Community Health in Rural Taiwan****Fang-Lin Kuo, RN, PhD / 郭方琳**

Assistant Investigator, National Center for Geriatrics and Welfare Research, National Health Research Institutes, Taiwan

15:50 - 16:10**Speaker 3****Dietary patterns and critical nutrients for healthy aging****Tina H. T. Chiu, Ph.D. RD. / 邱雪婷**

Associate Investigator, National Center for Geriatrics and Welfare Research, National Health Research Institutes, Taiwan

16:10 - 16:30**Speaker 4****Micro-Happiness in Ageing: Reframing Care, Well-being, and Meaning in Dementia and Later Life****Satoko Hotta**

Professor, Keio University, Japan

16:30 - 16:50**Speaker 5****Cultivating Well-Being from Within: Community-Based
Mindfulness Interventions for Healthy Aging****Ai-Ling Hsu, Ph.D. / 許艾伶**Assistant Investigator, National Center for Geriatrics and Welfare Research,
National Health Research InstitutesAssistant Professor, Department of Artificial Intelligence, Chang Gung
University

16:50 - 17:10**Plenary Q&A Session**

17:10 - 17:30**Ceremony****Closing Remarks & Award Ceremony**

2026 International Conference for Healthy Ageing and Community Resilience

We welcome abstracts (in English, up to 300 words) for oral or poster presentations addressing “Healthy Ageing and Community Resilience”. Submissions should include the following sections: Background, Aims, Methods, Results, and Conclusion.

- Due to limited space and time, only limited abstracts may enter oral session. At submission, the author may choose if the abstract should be considered for poster presentation if not selected for oral presentation.
- As all oral and poster presentations are simultaneous, each delegate could submit ONLY ONE abstract as main presenter.
- For those who submit multiple abstracts as presenters, only the last abstract submission will be considered.

Abstract Submission Themes

The 2026 International Conference for Healthy Ageing and Community Resilience welcomes oral and poster abstract submissions related to the following themes:

- **Integrated Care and Ageing in Place for Community Resilience**
This theme focuses on innovative models and evidence-based practices that strengthen integrated care systems and support older adults to age in place. Submissions may address hospital-to-community transitions, long-term care integration, ICOPE implementation, intrinsic capacity, frailty prevention, fall prevention, medication safety, nutrition, rehabilitation, chronic disease management, and community-based interventions.
We particularly welcome studies that demonstrate how multidisciplinary care, proactive screening, and coordinated services can improve health outcomes, reduce preventable risks, and enhance resilience among older adults living in the community.
- **Social Innovation, Social Prescribing, and Supportive Communities**
This theme explores how social innovation and community-based strategies can promote healthy ageing, social connectedness, and resilience. Relevant topics include social prescribing, community participation, mutual-support networks, co-living communities, Blue Zone-inspired models, age-friendly environments, indigenous and rural community care, and cross-sector collaboration between health care, social care, and local communities.
Submissions may include research, policy analysis, implementation studies, or practical models that strengthen community capacity and create supportive environments for older adults and their families.
- **Person-Centered Well-being, Caregiver Support, and Meaningful Later Life**
This theme highlights person-centered approaches that promote well-being, dignity, meaning, and quality of life in later life. Submissions may focus on caregiver support, dementia care, behavioral and psychological symptoms of dementia, mental well-being, loneliness, micro-happiness, mindfulness, resilience, social relationships, life meaning, and supportive care for older adults and their families.
We welcome abstracts that examine how care systems and communities can move beyond disease-centered care toward holistic, compassionate, and meaningful support for ageing well.

ORAL PRESENTATION

- Oral sessions allow authors to present their research in 10 minutes in English or Mandarin.
 - Awards:
 - First place: \$5,000 NTD
 - Second place: \$4,000 NTD
 - Third place: \$3,000 NTD
-

POSTER PRESENTATION

- A poster presentation allows an author to provide a visual summary of their research. A poster should be prepared in English and should be self-contained and self-explanatory, allowing different viewers to proceed on their own while the author is free to supplement or discuss points raised in enquiry.
 - Poster size is 150cm(W)*90cm(H)
 - Awards:
 - First place: \$3,000 NTD
 - Second place: \$2,000 NTD
 - Third place: \$1,500 NTD
-

SUBMISSION FORMAT AND SUBMISSION

- All abstracts should be written in English (300 words maximum) with the following sections: Background, Aims, Methods, Results, Conclusion.
 - Deadline: September 15th, 2026, by 12:00 Midnight (Taipei Standard Time Zone)
 - Submit the document in Word format.
 - Abstract submission site: <https://forms.gle/Bb2HLScDKB4XShrZ7>
-

SELECTION CRITERIA

- Clarity of abstract and alignment with abstract format for the conference
- Implications and significance of the study/project
- Relevance to the conference topics.